

DHHS WRESTLING PROGRAM

WRESTLER'S NAME _____

Grade _____

I, along with my parents, have read and reviewed the information in this Wrestler's Handbook. Any concerns we may have had, we have discussed with Coach Abedi.

My family and I have agreed to adhere to and abide by the expectations set forth in this handbook.

I look forward to the opportunities wrestling will give to me to better myself not just as a student-athlete, but as a young man and a citizen.

I will commit myself to achieve these three goals:

As a wrestler, I
will _____

As a student, I
will _____

As a citizen, I
will _____

X _____
(Wrestler's Signature)

Date _____

X _____
(Parent Signature)

Date _____